

Have you been affected by bereavement?

Are you age 50+ living in Stoke-on-Trent / North Staffs?

Has Covid 19 affected your experience of...

- Being present with your loved one at the end of their life?
- Grieving for your loss?
- Making arrangements for (or attending) a funeral?
- Coping after a death?

At our online Help Point zoom meetings you can:

- Share emotional support with others affected by loss
- Talk about your experiences
- Access useful information

You don't need to be alone with your grief.

Our trained volunteers will welcome you and support you to join our online meetings safely from your own home.

For more information and meeting dates please contact:
bhpoint@bjf.org.uk Tel: 07507 408372 / 07770 016978

www.bjf.org.uk



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The Beth Johnson Foundation is a national charity dedicated to making a future for all ages. The Bereavement Help Point service is a partnership with St Giles Hospice and is funded by The National Lottery Community Fund

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