

# North Staffordshire Hub Clubs February 2019



<p>Friday 1st February 10.30am – 12.30pm</p> <p>1<sup>st</sup> Friday of each month</p>	<p><b>Famous Folk of Stoke</b></p> <p>A celebration of the great sons and daughters of the Stoke-on-Trent area and the contributions they have made to local, regional, national and international history. We will look at the famous potters, entertainers, sports stars and those folk who intrigue and inspire us.</p>	<p><b>Bradwell Carers Hub Club</b></p> <p>Jill Clews Academy Riceyman Road Bradwell ST5 8LF</p>
<p>Monday 11th February 10.30am—1.00pm</p> <p>2nd Monday of each month</p>	<p><b>Time for me</b></p> <p>Time for me is a craft group run in partnership with the Cultural Sisters. Come along, learn a new skill and make friends. Carers have found this group a great way to relax.</p>	<p><b>Tesco Hanley Community Room</b></p> <p>Clough Street, Hanley, ST1 4LS</p>
<p>Wednesday 13th &amp; Wednesday 27th February 10.00am – 12.00pm</p> <p>2<sup>nd</sup> &amp; 4<sup>th</sup> Wednesday of each month</p>	<p><b>13th – Social Morning</b></p> <p><b>27th – First Aid</b> The British Red Cross will be delivering life saving skills, enabling you to respond to emergencies.</p>	<p><b>Cheadle Carers Hub Club</b></p> <p>Cheadle Community Fire Station Ashborne Road ST10 1HF</p>
<p>Monday 18th February 1.30 pm– 3.00pm</p> <p>3<sup>rd</sup> Wednesday of each month</p>	<p><b>North Staffordshire &amp; Stoke-on-Trent CCGs focus group</b></p> <p>- Focus group about NHS consultation on the future of local health services in Northern Staffordshire</p>	<p><b>The Green Treehouse Carers Hub Club</b></p> <p>The Green Treehouse Community Café High Street, Biddulph, ST8 6AS</p>
<p>Tuesday 19th February 10.00am – 12.00pm</p> <p>3<sup>rd</sup> Tuesday of each month</p>	<p><b>Coffee &amp; Cake</b></p> <p>Join us for a chat and a coffee and cake morning.</p>	<p><b>Leek Carers Hub Club</b></p> <p>Daisy Haye Retirement Village, Ball Haye Road, Leek, ST13 6BW</p>
<p>Friday 22nd February 1.30pm – 3.00pm</p> <p>Last Friday of each month</p>	<p><b>North Staffordshire &amp; Stoke-on-Trent CCGs focus group</b></p> <p>Focus group about NHS consultation on the future of local health services in Northern Staffordshire</p>	<p><b>Headway Carers Hub Club</b></p> <p>Headway Day Services Cobridge ST6 2JE</p>

Get in touch

T: 0330 123 1937

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All carers are very welcome to bring their cared for along to our groups.

\*Some groups maybe subject to change



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<p>Tuesday 5th February 10.00am – 12.00pm</p> <p>1<sup>st</sup> Tuesday or each month</p>	<p><b>Coping with Caring - A Wellbeing workshop with Spokz People</b></p> <p>Mel, a therapist from Spokz People cic, will share her own experiences of being a carer and give tips on how to continue caring successfully, cope with difficult emotions and improve your resilience.</p>	<p><b>Lichfield Carers Hub Club</b></p> <p>The Freeman Lounge Beacon Park Village, Lower Sandford Street, Lichfield, Staffordshire WS13 6RB.</p>
<p>Wednesday 6th February 10.00am – 12.00pm</p> <p>2<sup>nd</sup> Wednesday or each month</p>	<p><b>Codsall Cross Border Hub Club Coffee Morning Drop In.</b></p> <p>The Carers Hub Stafford &amp; Carers Centre Telford &amp; Wrekin, have joined together to run a Carers Hub Club for people living on the border of Staffordshire, Telford &amp; Wrekin. Carers from both Staffordshire, Telford &amp; Wrekin are both welcome. Enjoy our Bingo too!!!</p>	<p><b>Codsall Cross Borders Drop in</b></p> <p>Billbrook &amp; Codsall Fire Station Duck Lane Codsall Wolverhampton WV8 1HU</p> <p>(Parking for the Fire Station is on Carter Avenue)</p>
<p>Thursday 7th February 10.00am – 12.00pm</p> <p>1<sup>st</sup> Thursday or each month</p>	<p><b>Famous Folk of Staffordshire</b></p> <p>A celebration of the most inspirational Staffordshire folks; from Philip Astley and his circus to Shane Meadows and his films - enjoy a whistle-stop trip around this great county.</p>	<p><b>Tamworth Carers Hub Club</b></p> <p>Sacred Heart Church, Silver Link Road, Glascote, Tamworth, B77 2EA</p>
<p>Friday 8th February 10.00am – 12.00pm</p> <p>2<sup>nd</sup> Friday or each month</p>	<p><b>Bingo</b></p> <p>Join us for a game of bingo, have a cuppa and a biscuit and see if you can call house!!!!</p>	<p><b>Cannock Carers Hub Club</b></p> <p>Cannock Library WS11 1AA</p>
<p>Thursday 7th &amp; 21st February 11.00.am – 1.00pm</p> <p>1st &amp; 3rd Thursday of each month</p>	<p><b>Time Out for Carers Stafford</b></p> <p>This is a group for Carers run by Carers Volunteers. There are a range of activities to join in with. Everyone welcome.</p>	<p><b>Time Out for Carers Stafford Hub Club</b></p> <p>Rising Brook Community Fire Station Hesketh Road, Stafford, ST17 9NF</p>
<p>Tuesday 12th February 10.00am – 12.00pm</p> <p>1<sup>st</sup> Tuesday or each month</p>	<p><b>Introduction to Basic Buddhist Style Meditation with Coffee &amp; Cake</b></p> <p>Join us for a chat and a coffee and cake morning and enjoy some relaxation .</p>	<p><b>Uttoxeter Carers Hub Club</b></p> <p>Uttoxeter Library 57 High Street, ST14 7JQ</p>
<p>Friday 15th February 10.00am – 12.00pm</p> <p>3<sup>rd</sup> Friday of each month</p>	<p><b>Dispelling the Myths - An Introduction to Bats</b></p> <p>"All bats are blind!", "Bats get tangled in your hair!" Have you heard or said these things? Find out the truth behind the myths and discover more about the fascinating world of these amazing mammals.</p>	<p><b>Stafford Carers Hub Club</b></p> <p>Northfield Centre Magnolia Avenue (Off Cooperative Street) Stafford ST16 3DU</p>
<p>Wednesday 20th February 10.30am – 12.30pm</p> <p>3<sup>rd</sup> Wednesday or each month</p>	<p><b>Newport Cross Borders Hub Club</b></p> <p>The Carers Hub Stafford &amp; Carers Centre Telford &amp; Wrekin, have joined together to run a Carers Hub Club for people living on the border of Staffordshire, Telford &amp; Wrekin. Carers from both Staffordshire, Telford &amp; Wrekin are both welcome.</p>	<p><b>Newport Cross Borders Drop in</b></p> <p>Newport Library 53-57 High Street, Newport, TF10 7AT</p>
<p>Friday 22nd February 10.00am – 12.00pm</p> <p>Last Friday of each month</p>	<p><b>Dementia Friends Training</b></p> <p>Dementia Friends aims to increase awareness and change the way the nation thinks, acts and talks about dementia.</p>	<p><b>Burton Carers Hub Club</b></p> <p>Burton Library, Room 2, Riverside, Burton, DE14 1AH</p>

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