

North Staffordshire Hub Clubs



January 2019

<p>Friday 4th January 10.30am – 12.30pm</p> <p>1st Friday of each month</p>	<p>Fun Quiz</p> <p>Come and join in with our fun quiz and forget your worries for a while, have a laugh and a cuppa.</p>	<p>Bradwell Carers Hub Club</p> <p>Jill Clews Academy Riceyman Road Bradwell, ST5 8LF</p>
<p>Wednesday 9th & Wednesday 23rd January 10.00am – 12.00pm</p> <p>2nd & 4th Wednesday of each month</p>	<p>9th – Social Morning</p> <p>23rd – North Staffordshire & Stoke-on-Trent CCGs focus group</p> <p>Focus group about NHS consultation on the future of local health services in Northern Staffordshire</p>	<p>Cheadle Carers Hub Club</p> <p>Cheadle Community Fire Station Ashborne Road ST10 1HF</p>
<p>Monday 14th January 10.30am – 1.00pm</p> <p>2nd Monday of each month</p>	<p>Time for me</p> <p>Time for me is a craft group run in partnership with the Cultural Sisters. Come along, learn a new skill and make friends. Carers have found this group a great way to relax.</p>	<p>Tesco Hanley Community Room</p> <p>Clough Street Hanley, ST1 4LS</p>
<p>Tuesday 15th January 10.00am – 12.00pm</p> <p>3rd Tuesday of each month</p>	<p>Bingo</p> <p>Join us for a game of bingo, have a cuppa and a biscuit and see if you can call house!!!!</p>	<p>Leek Carers Hub Club</p> <p>Daisy Haye Retirement Village, Ball Haye Road, Leek, ST13 6BW</p>
<p>Monday 21st January 1.30 pm – 3.00pm</p> <p>3rd Wednesday of each month</p>	<p>Drop In</p> <p>Drop into the Green Treehouse for Bingo and Quizzes, and meet other carers.</p>	<p>The Green Treehouse Carers Hub Club</p> <p>The Green Treehouse Community Café High Street, Biddulph ST8 6AS</p>
<p>Friday 25th January 1.30pm – 3.00pm</p> <p>Last Friday of each month</p>	<p><u>Dispelling the Myths - An Introduction to Bats</u></p> <p>"All bats are blind!", "Bats get tangled in your hair!" Have you heard or said these things? Find out the truth behind the myths and discover more about the fascinating world of these amazing mammals.</p>	<p>Headway Carers Hub Club</p> <p>Headway Day Services Cobridge ST6 2JE</p>

Get in touch

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All carers are very welcome to bring their cared for along to our groups.

*Some groups maybe subject to change



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Tuesday 1 st January 10.00am – 12.00pm 1 st Tuesday or each month	No Group Due to being New Year's Day – next group meeting will be held on Tuesday 5 th February. HAPPY NEW YEAR!!	Lichfield Carers Hub Club The Freeman Lounge Beacon Park Village, Lower Sandford Street, Lichfield, Staffordshire WS13 6RB.
Wednesday 2 nd January 10.00am – 12.00pm 2 nd Wednesday or each month	Codsall Cross Border Hub Club Coffee Morning Drop In. The Carers Hub Stafford & Carers Centre Telford & Wrekin, have joined together to run a Carers Hub Club for people living on the border of Staffordshire, Telford & Wrekin. Carers from both Staffordshire, Telford & Wrekin are both welcome. Enjoy our Fun Quiz too!!!	Codsall Cross Borders Drop in Billbrook & Codsall Fire Station Duck Lane, Codsall Wolverhampton, WV8 1HU (Parking for the Fire Station is on Carter Avenue)
Thursday 3 rd January 10.00am – 12.00pm 1 st Thursday or each month	Music Quiz Just getting over Christmas why not Join us for a bit of fun with our music quiz, you can sing along too whilst enjoying a catch up and a cuppa	Tamworth Carers Hub Club Sacred Heart Church, Silver Link Road, Glascote, Tamworth, B77 2EA
Tuesday 8 th January 10.00am – 12.00pm 1 st Tuesday or each month	Music Quiz Just getting over Christmas why not Join us for a bit of fun with our music quiz, you can sing along too whilst enjoying a catch up and a cuppa	Uttoxeter Carers Hub Club Uttoxeter Library 57 High Street, ST14 7JQ
Thursday 17th January 11.00.am – 1.00pm 1st & 3rd Thursday of each month	Time Out for Carers Stafford his is a group for Carers run by Carers Volunteers. There are a range of activities to join in with. Everyone welcome.	Time Out for Carers Stafford Hub Club Rising Brook Community Fire Station Hesketh Road, Stafford, ST17 9NF
Friday 11 th January 10.00am – 12.00pm 2 nd Friday or each month	Coffee & Cake Join us for a chat and a coffee and cake morning.	Cannock Carers Hub Club Cannock Library WS11 1AA
Wednesday 16 th January 10.30am – 12.30pm 3 rd Wednesday or each month	Newport Cross Borders Hub Club The Carers Hub Stafford & Carers Centre Telford & Wrekin, have joined together to run a Carers Hub Club for people living on the border of Staffordshire, Telford & Wrekin. Carers from both Staffordshire, Telford & Wrekin are both welcome.	Newport Cross Borders Drop in Newport Library 53-57 High Street, Newport, TF10 7AT
Friday 18 th January 10.00am – 12.00pm 3 rd Friday of each month	Dementia Friends Training Dementia Friends aims to increase awareness and change the way the nation thinks, acts and talks about dementia.	Stafford Carers Hub Club Northfield Centre Magnolia Avenue (Off Cooperative Street) Stafford ST16 3DU
Friday 25 th January 10.00am – 12.00pm Last Friday of each month	Safe Handling of People The safe handling session is designed to give carers information about manual handling or moving people and objects. We will look briefly at laws (legislation) anatomy & physiology of the spine and demonstrate techniques to 'move' people safely for both the carer and the cared for. There will also be an opportunity to ask questions and signpost to other sources of help & support.	Burton Carers Hub Club Burton Library, Room 2, Riverside, Burton, DE14 1AH

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