



I.C.E Card In Case of an Emergency

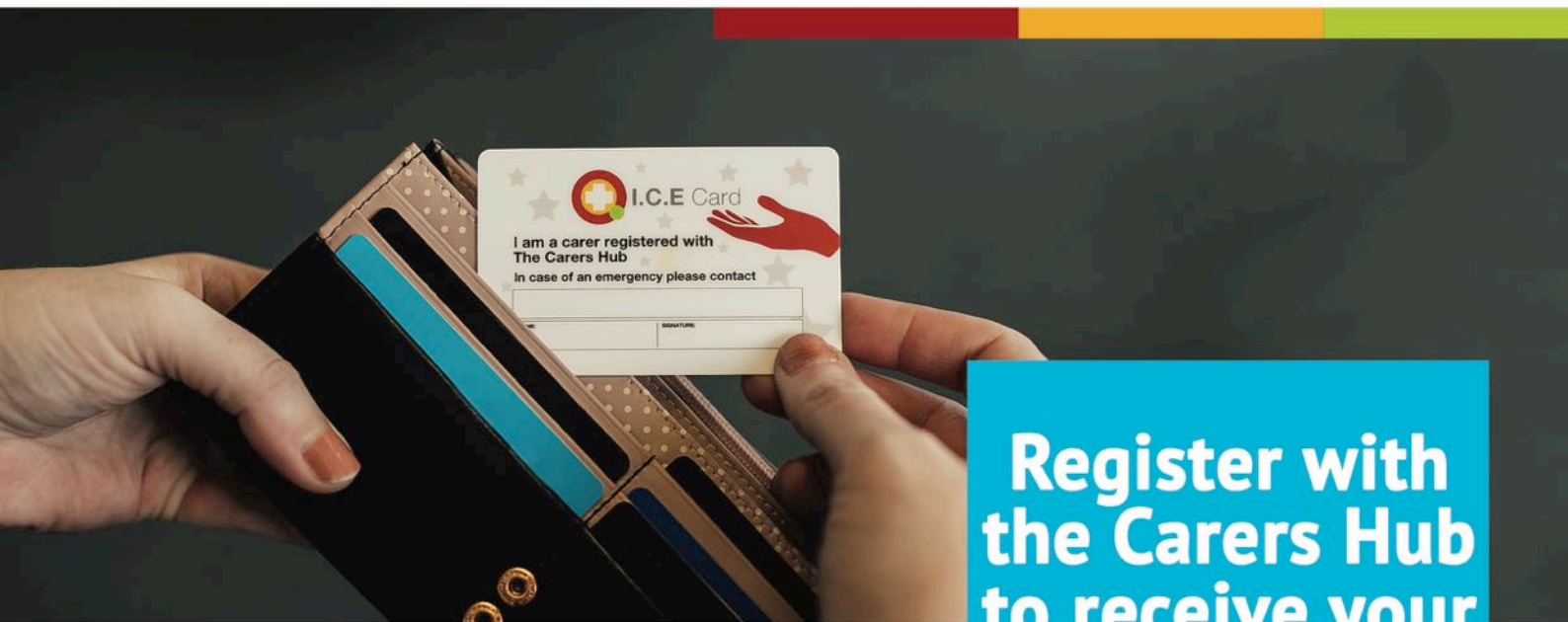


The I.C.E card has a dual purpose:

It can be used in an emergency to let people know you have someone at home that needs care and attention.

It can also be used to receive discounts/offers for a range of products and services, **REMEMBER** your health and wellbeing are important too.

W W W . T H E C A R E R S H U B . C O . U K



**Register with
the Carers Hub
to receive your
I.C.E card**

Places to receive a discount

We have a range of offers available to Carers who sign up to receive our I.C.E card. These include health and beauty, leisure activities, shops, restaurants and cafes, coffee shops and many more.

Our I.C.E cards are available for both Young and Adult Carers making it easier for Carers of all ages to enjoy some time away from their caring role or making it easier for them to be able to enjoy new activities.

The list of partners does change with new locations, so be sure to keep an eye out on our website and social media to keep up to date.

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